

Group Book Expanded Functions Construction for VEST version



It is not possible to laminate all the pages for the VEST version of the expanded functions group book as the book would be too heavy to attach to, and wear on a vest.

Materials for constructing a waterproof paper book

Select waterproof paper that is 100gsm or 120gsm. Paper or cardboard with a higher gsm results in a book that is too thick to be manageable (i.e. thicker and heavier than a book laminated with **3 Mil or less – NOT thicker** laminate).

When using **waterproof paper**, it has been found useful **to still laminate pages 01a, 01b, 02, 07a and 07b using 3 Mil or less – NOT thicker matt laminate** to increase the durability of the first pages and make it easier to quickly locate and turn to the categories section of the book. .

This one-page opening style PODD communication book works best when the pages can be folded completely back. Use **split ring or spiral binding**. **DO NOT put the pages in a folder or use a comb binding (see information on binding).**

Materials & Equipment List

- Computer
- Mind Express®
- PODD page set of Mind Express® templates (copied onto computer hard drive)
- Color printer
- Laminator
- Scissors
- 3 x split key rings and a single hole punch OR spiral binder and coil
- Letter size waterproof paper (approximately 69 sheets*)
- 6 x Matt 3 Mil or less laminating pouches

Printing main pages

This book must be printed double-sided on waterproof paper. When double-sided printing, it is critical that the order of the PODD pages in Mind Express have not been moved. There are blank pages included in order for pages that don't have anything on

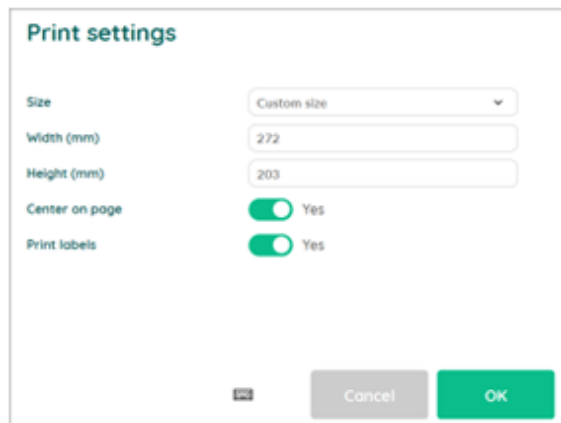
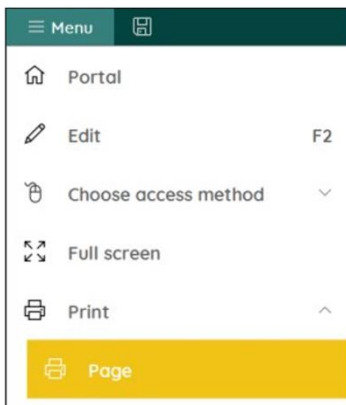
the back and some PODD page names indicate which page they are printed on the back of (e.g. 04aex on back 03). Before double-sided printing, it is recommended to check the page order in Mind Express (Menu > Edit and then select the three dots on the bottom toolbar to see all the pages).

Print PODD group book pages from 01 main to 25b group activities.

1. Load your printer with waterproof paper.
2. In Edit mode (Menu > Edit or press the F2 key), select the three dots in the navigation bar at the bottom of the screen. Scroll down to page **25b group activities** to see what page number is assigned by Mind Express to this page (Note: this is different from the PODD page number on the tab.) Write down the Mind Express page number.



3. Navigate to PODD page 01 main.
4. Switch to User Mode by selecting Menu > Done edit (or press the F2 key)
5. Select Menu > Print > page and, without changing anything, select the OK button in the Print settings window



6. Choose which printer to use and then select the Preferences button
7. Select Letter (8.5 x 11 in) as document size, Landscape as orientation, **double-sided printing**
8. Then select the print range from 2 to the Mind Express number you previously wrote down for the PODD page **25b group activities**.
9. Print

Cut out the book pages

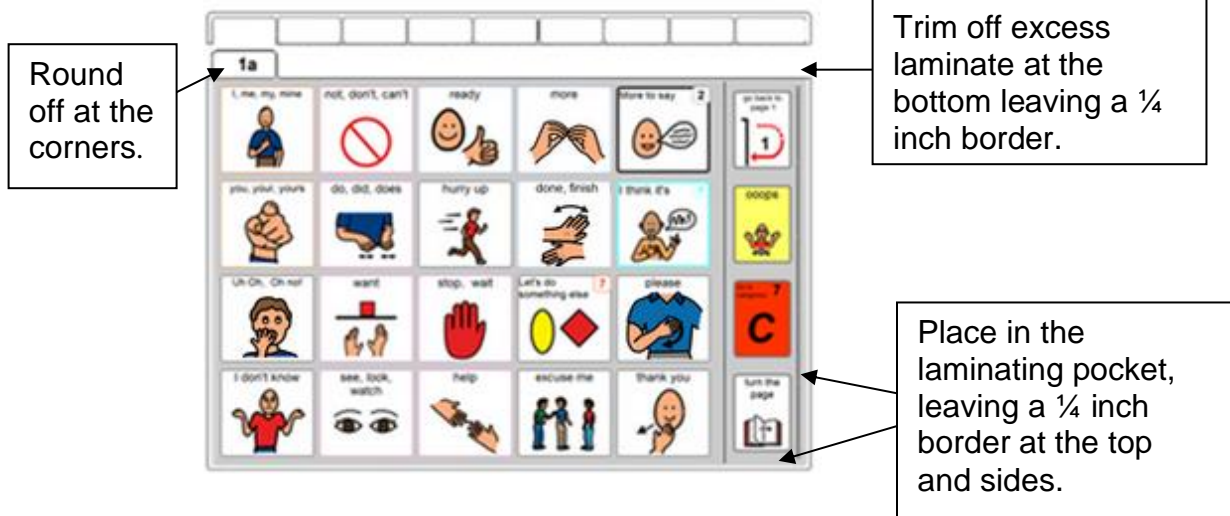
Compile the set of pages. Using scissors cut around the page tab and along the top of the blank tabs on the page. Discard excess. See diagram below.



Repeat for every page of the page set and put aside. It is helpful to cut and keep the pages in number order for later use.

Laminate and re-cut key pages

1. Place the cut pages *01a main*, *01b main*, *02 branches*, *07a*, *07b categories* and *25b group activities* in a laminating pocket, leaving a 5 mm border at the top and sides of the page.
2. Re-cut these pages to trim off the excess laminate along the bottom of the page leaving a ¼ inch border. Round off the corners of the laminate for safety.



Binding the PODD book

This type of PODD book works best when bound with split key rings or with a spiral binding. **There is no cover on this book.**

Spiral binding

Bind as per the instructions for your spiral binding machine.

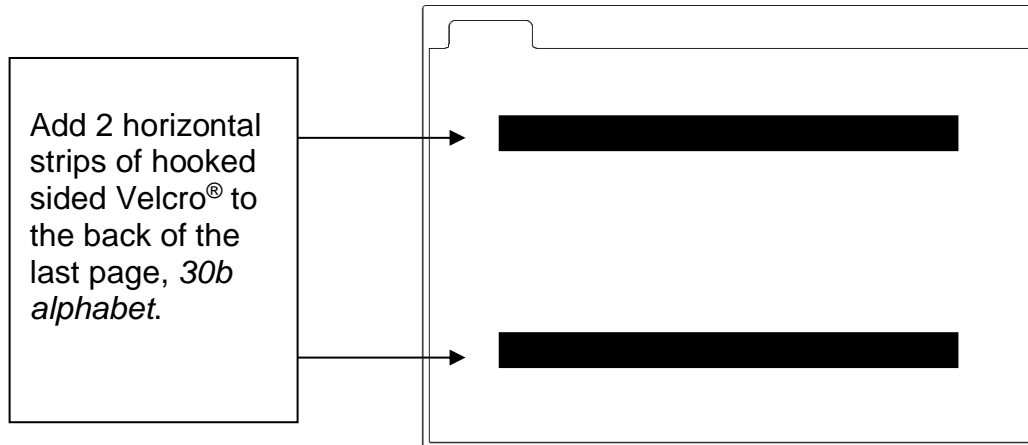
Binding with split rings

Split key rings are more difficult to initially put pages in the book, **but worth it in the long-term as the pages are less likely to catch on the ring during page turning or fall out with use.** It is also possible to easily replace or add pages one at a time to the ring. Other types of hinged rings that open easily to add pages have been found to be very frustrating as they frequently open and pages fall out with use.

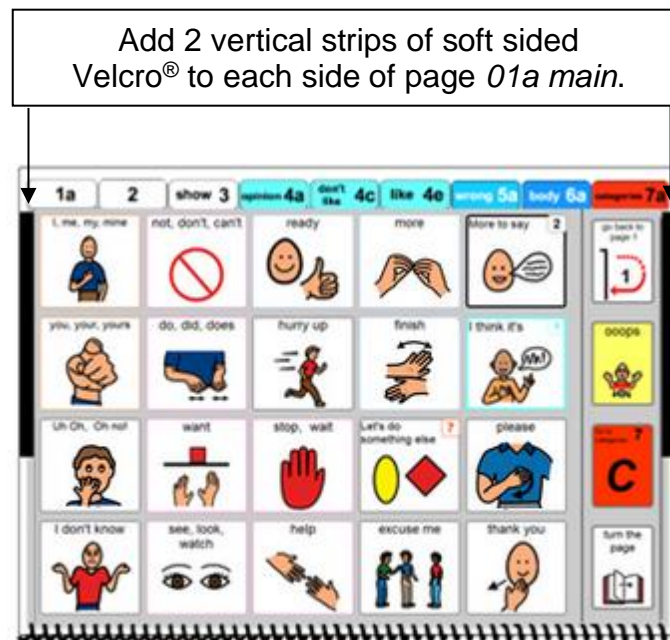
1. Punch three evenly spaced holes in the binding edge of each page.
2. Check your pages are in order. Add pages to the split key rings. You may choose to close the opening on the ring after the pages are in place with a small piece of cloth duct tape. This stops the pages catching in the rings when in use.

Attaching the PODD book to the vest

1. Cut 2 x 7" strips of hooked side sticky back Velcro®. Peel off the back of the Velcro® and attach it horizontally on the back of the last, laminated, page *25b group activities*.



2. Cut two, 4" x ¼" strips of loop (soft) sticky backed Velcro®. Attach vertically to each side at the top of page *01a main*. Position the Velcro so that it doesn't cover the symbol cells.



3. Put your vest on. Place the PODD in a comfortable position on the vest; check that you can read the tabs. Secure it in place with the Velcro® strips on the back of the PODD.
4. Cut 2 strips of plain (not sticky backed), hooked Velcro® approximately 7" long. Attach the bottom part of this hooked Velcro® strip to the soft Velcro® attached to the side of the front page of the PODD. The top part of the Velcro® strip attaches to the vest to hold the book closed.



Use a Velcro® strip to hold the book closed by attaching it between the Velcro® on the front cover of the PODD and the vest.